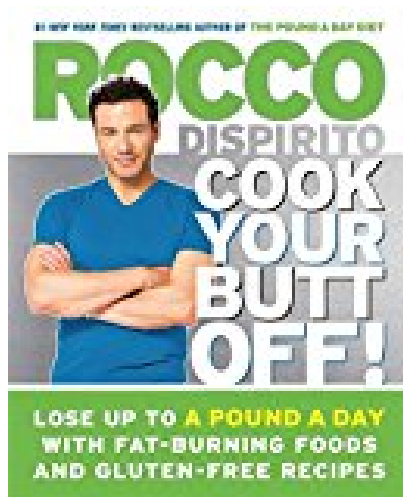


# Cook Your Butt Off! Lose Up to a Pound a Day with Fat-Burning Foods and Gluten-Free Recipes

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## BOOK SYNOPSIS

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